London Park School Mayfair

PSHE Policy

Name	Personal, Social, Health & Economics Policy
Approved by	Board of Governors 3 September 2026
Policy owned by	Deputy Head Pastoral
Date Effective From	September 2026
Date of next review	August 2027
Published on website	Yes

This Policy will be reviewed and updated annually or more frequently when there are changes in legislation and/or government guidance.

Contents

1. Statutory requirements 3
2. Content and delivery 3
2.1 What we teach 3
As stated above, we are required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above) 3
3. Citizenship 4
4. Roles and responsibilities 4
4.1 The Governing Board 4
The Governing Board will approve the PSHE policy and hold the Head to account for its implementation. 4
4.2 The Head 4
The Head is responsible for ensuring that PSHE is taught consistently across the school. 4
4.3 Staff 4
Staff are responsible for: 4
5. Monitoring arrangements 4

Aims

The aims of Personal, Social, Health and Economic (PSHE) education at London Park School Mayfair, Sixth and Hybrid are to:

- help students stay safe and healthy
- prepare for the challenges and opportunities of life
- foster an atmosphere of open, respectful and tolerant discussion in our school community
- develop knowledge, skills and attributes that they need now and in the future.

1. Statutory requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

- We must teach relationships and sex education (RSE) under the Children and Social Work Act 2017, in line with the terms set out in statutory guidance
- We must teach health education under the same statutory guidance.

2. Content and delivery

2.1 What we teach

As stated above, we are required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above).

Refer to our relationships and sex education policy for details about what we teach, and how we decide on what to teach, in this subject.
For other aspects of PSHE including health education, see the relevant schemes of work, which are readily available; these will provide more details about what we teach in each year.

2.2 How we teach it

- PSHE lessons take place for each year group, once per week.
- As well as this, it should be noted that some aspects of PSHE are covered by the Assembly & Form Time programme covers many PSHE related topics.
- School trips related to PSHE take place throughout the year; for example, the trip to the 'Van Gogh experience' exhibition, to explore the impact of mental health issues.
- The curriculum will be delivered by the Head of PSHE, suitably trained teaching staff, the school nurse, and from time to time outside agencies and guest speakers.
- All students will be fully included in lessons, regardless of ability or special educational needs and/or disability. This will be done through establishing an open and non-judgemental culture in the class room, differentiated class work, as well as by working closely with the school SENCO to identify students who may have more complex needs in PSHE.
- At times, complex or controversial issues will be covered in PSHE lessons. It is key that in these instances, teachers do not let their personal beliefs and attitudes influence teaching.
- Teachers should feel confident in raising any concerns about their ability to teach certain areas of the curriculum without letting their personal beliefs and attitudes affect them. Where they do, appropriate solutions will be reached through further training, or timetable changes.

- A variety of teaching methods and resources will be used, including but not limited to: discussion, debate, worksheets, presentations, interactive resources, role play, research projects etc.
- The School is committed to assessing the progress of all students in PSHE, and will do so using higher order questioning, topic confidence checks, pop quizzes, as well as progress charts. This list is not exhaustive.
- PSHE teachers will write school reports where necessary and attend all parents' evenings.

3. Citizenship

Citizenship education aims to develop an increasing awareness and a better understanding of:

- what constitutes British values of democracy, mutual respect and tolerance for others, personal liberty and the law;
- personal finance and the notion of worth and value;
- the Equality Act of 2010 and vulnerable groups in our society; and
- responsibility within the communities that our students interact with, both on a smaller scale (such as family), as well as the larger scale (national and global issues).

4. Roles and responsibilities

4.1 The Governing Board

The Governing Board will approve the PSHE policy and hold the Head to account for its implementation.

4.2 The Head

The Head is responsible for ensuring that PSHE is taught consistently across the school.

4.3 Staff

Staff are responsible for:

- delivering PSHE in a sensitive way;
- modelling positive attitudes to PSHE;
- monitoring progress;
- responding to the needs of individual students.

4.4 Students

Students are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

5. Monitoring arrangements

The delivery of PSHE is monitored by the Deputy Head (Academic) for the curricular delivery, and by the Deputy Head (Pastoral) through regular meetings. learning walks, book scrutinies and other methods deemed appropriate.
This policy will be reviewed by The Head of PSHE every two years, or when statutory guidance demands. At every review, the policy will be approved by the Head.

6. Links with other policies

This policy links to the following policies and procedures:

- RSE policy
- Safeguarding and Child Protection Policy
- Curriculum Policy
- SMSC Policy